



Term 3 Week 7 Newsletter

Catholic Character:

RESPECT THE ENVIRONMENT

Pope Francis spoke recently at an international conference to mark the third anniversary of Laudato Si'. He asked again that we should "hear with our hearts" the cries of the earth. He spoke of the urgent need for concrete steps to save the planet and the life it inspires, reminding us that "everything is connected." He said that young people must be supported to create a sustainable ecology. September 1st opens the Season of Creation, which lasts till October 4th (Feast of St Francis). The Season of Creation is an annual celebration of prayer and action to protect the environment. Learn more about its history and this year's celebration at <https://seasonofcreation.org/>.



Important Dates

Friday 7th September:

Orange Day Parade for Road Patrolters.

Week 8:

Maori Language Week.

Tuesday 11th September:

Ethiopian New Year

Monday 17th September:

Artsplash Choir performance at the Michael Fowler Centre 5pm.

Wednesday 19th

September:

Artsplash Dance performance at the Michael Fowler Centre 7.30pm.

Internet Safety:

Following the Netsafe information evening in Term 3 we will be sharing weekly Netsafe Tips for parents and family.

Tip Number 6 -

SETTING UP SOCIAL MEDIA

How old should children be before they get social media accounts? **The minimum sign up age for Facebook, Instagram, Snapchat, Twitter and YouTube is 13. As a school we recommend that students do not sign up for social media accounts under the age of 13.** If your child is under the age minimum and using social media it's always better that they're honest with you about using an app or site, rather than doing it behind your back. This way, you can help them to stay safe online.

Tips for setting up social media accounts

1. Make sure you've taught them the online safety basics from last weeks tip number 5.
2. Help your child to set up the account.
3. Depending on their age, use your email address to sign up.
4. Enter their actual birth year so they're less likely to see inappropriate content.
5. Become their friend, or follow them.
6. Teach them about the safety tools available.

Find out more by visiting the Netsafe website at www.netsafe.org.nz or contact netsafe on 0508 638 723 or email queries@netsafe.org.nz

Happy Birthday! To all the children who have had their birthday this week: Matthew, Sulia and Charles.



150th Celebration for The Botanical Gardens

Isaac and Shalom were among students from schools around Wellington sowing seeds on Glenmore Lawn on Monday. The wild flowers that will grow on the lawn should attract wildlife for future generations to enjoy.

Student Writing From Room 7

"Talofa lava children. I am your new teacher Mr Joseph. Tasi, lua, tolu, fa. I will teach you how to do the siva tau." The children asked, "What town are you from?" Mr Joseph is from Gagana. "Copy me and learn this dance and you can show your Mum and Dad." They are going to wear lava lavas. "Thank you for sharing with us, Mr Joseph!"

Written by: Maxwell, Valentina, Angelfaga, Ting, Sarkis, Sam, Vianna and Kayla.



LESS SUGAR CLAIMS

LABEL READING

"NO ADDED SUGAR" - however, this product may still contain large amounts of natural sugar.

"25% LESS SUGAR" or **"MADE WITH 65% FRUIT JUICE"** - these can still be high in sugar.

Look at the label and pick products with less than 10g of sugar per 100g.

8 products per box

Developed by Sport Waikato 2018



GARDEN TO TABLE

GROW. HARVEST. PREPARE. SHARE.



Garden Greens and Cauliflower Hot Pot on Rice

Chef of the Day Diya R5- Today we learnt you have to be careful when using a knife. They are an important tool in the kitchen. We used the knives to chop the garlic, onions and greens. We added some spices to the hotpot called garam masala and cumin to make it extra tasty. Our eyes were stinging when we cut the garlic.

Gardener of the day Ashlee R5- It was my first time working in the garden and it was fun. We were making signs for the garden. Some of the signs were to teach people how to use the compost properly. We need to sort the garden or kitchen waste we can't put everything in the compost. Today we found a chippie packet and that won't decompose! We have also been planning for the fair making signs for the herbs we have planted. You will be able to buy coriander, mint and basil.

Foodie favourites- "I like to make desserts at home. I make mango lassi for dessert with mini puri. The puri puff up and you eat them with the mango lassi."
Diya "I like to eat my Mum's chocolate brownies, they are all gooey and delicious!" **Ashlee.**

Next week come and make some food with the Garden to Table Team!

Community Garden News

A new Lime tree has been planted outside Room 1. This is a sheltered spot with plenty of sun for the tree to grow. Take time to look at it as you come in the gate.



September is **Bee Aware Month** – a month fully dedicated to celebrating bees!



SPORTS NEWS

NETBALL

We are coming to the end of the Netball Season and it's time to celebrate with the teams from Holy Cross on their progress throughout the season. We would like to thank the Coaches, Managers and Parents who helped the players prepare for the season and supported them every week. All teams have learnt valuable skills and it is great to see them displaying the Holy Cross Values on and off the court. Please check the MK website for their final game times over the next couple of weeks.



THE SUPERSTARS Y7/8



THE ROCKETS Y5/6



THE WARRIORS Y5/6



THE DIAMONDS Y7/8

PSG Update

Fair preparations have begun. We will keep you updated on how you can help. **Save the Date!** Holy Cross International Food Fair Friday October 26th.



To Carter Fitzsimons and Mary Rasho. We hope you have enjoyed being at Holy Cross this week spending time with new friends and old!

ENERGIZE!

Please remember to return the Energize Food and Drink Survey to your class. It provides us with valuable information.